

## SAMPLE PHYSICAL EXAMINATION

**General:** The patient is a pleasant \_\_\_\_ year-old, well-developed, well-nourished, fe/male in no acute distress.

**Vital signs:** Pulse 60 bpm, blood pressure 120/80. The patient is afebrile, temperature 98.6 degrees. Respiratory rate is 23, saturation at 99% on room air.

**HEENT:** Head is normocephalic and atraumatic. Pupils are equal, round, and reactive to light. Extraocular movements are intact. The nares are patent. Mucous membranes are moist. Sinuses are nontender. Oropharynx is without erythema, exudate, and lesions. Skin is warm and dry without exanthem. There is no costovertebral tenderness.

**NECK:** Supple without lymphadenopathy or thyromegaly. No carotid bruit.

**HEART:** Regular rate and sinus rhythm with no appreciable gallops, rubs, murmurs, or extra heart sounds.

**LUNGS:** Breath sounds are clear bilaterally, no rales, rhonchi, or wheezing.

**ABDOMEN:** Soft, nontender, and nondistended with good bowel sounds. Inguinal area is nontender. No palpable masses. No hepatosplenomegaly.

**EXTREMITIES:** Warm and pink without cyanosis, clubbing, or edema.

**NEUROLOGICAL:** The patient is alert and oriented. Affect is normal. Face is symmetric. Cranial nerves II through XII are grossly intact.